



CAREER SKILLS

Professional & Personal Development

Session 3

Ice Breaker

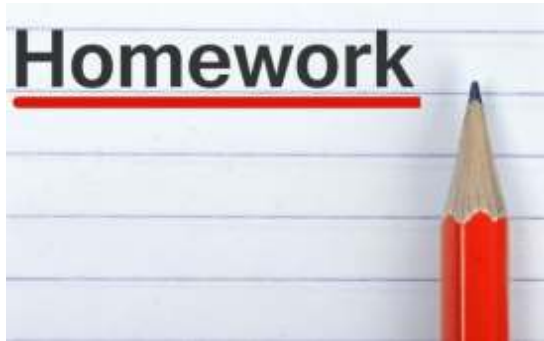


Pair up with someone you don't know well and ask them three questions.

- What do you like to do in your free time?
- Tell me about your favorite memory?
- If you could go anywhere, where would you go?

Then introduce your partner to the group.

Homework



1. Demonstrate a positive attitude and be prepared to share with the class
2. Be punctual to all work, classes and personal engagements
3. Tell one person about your class and what you are learning



Mission Moments are everyday stories of great things happening in your organization that match your mission.

I define a **“mission moment”** as a tiny, powerful example of how your organization is making an impact. The key is: it **MUST** be an example about a real person. Even if you do advocacy work or are an environmental charity, it has to be a people story.

Mission moments put a face on what you do. They are stories and examples that can be repeated by others because they are short and inspiring.

They allow you to brag about your work through someone else’s eyes

Each class will start with a Mission moment.

Instructor share a mission moment about the great things your organization is doing.

Ask for other stories and ask participants to be thinking about a mission moment for out next class.

When you are looking for a job you want to be sure that the mission of the organization matches your personal values. Personal values are what is important to you at work. What if it doesn’t?

What does a great worker look like



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MDI
Marketing. People. Results.
Your way.

What does an employer look for in a great worker?

On a flipchart draw a picture of a person – ask participants to write words or draw pictures of what employer would look for in a great worker.

What if they were the CEO of the organization – What would they look for in a great worker

When the poster is done – review the list. Ask people to raise their hand if they are good at each item.

Discuss ways we can improve?

You are the CEO/Boss of your own life. The work must be done by you.



Ask what is a leader or what is leadership?
Leadership is action. It is not a position. We can all be leaders.

Activity: Shape Shifting with Leadership

Equipment: rope tied into a loop It should be large enough for everyone to hold with both hands while they stand together in a circle. Tell group to make a shape, such as a circle, square, triangle, etc. The group then tries to put the rope on the floor in that shape.

At the end of the activity talk about what the group saw. What worked and what did not. How did people work together? Did leaders emerge?
Who took initiative? Who followed along?
Look for leaders

Or African safari – see the next slide

African Safari

Make a poster

- Determine what you will need – skills and equipment
- Where will you stay, how long will you be gone
- Everyone must have a task before and during the trip
 - Who will do what



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Who took initiative? Who followed along?

Look for leaders

<https://www.youtube.com/watch?v=fW8amMCVAJQ>



Show the video – First Follower, Leadership Lessons from a Dancing Guy.

Talk about the video – what did people think?

It took courage to be the first follower, what happened? How was a movement created?

Key points

- Easy to Follow
- Leader embraces
- Find a follower
- Simple
- Takes Guts

Ask the group – who is a leader they would like to follow? Someone you respect? Someone that does great work.

Initiative definition - the power or opportunity to act or take charge before others do. Leadership take initiative.

How do we take initiative to make things happen?

Review the next slides have people work in pairs and identify the problem. Ask the group how they could take initiative.

Break Time

How could you show initiative?



Picture 1 – lots of work to do but nobody is doing it

How could you show initiative?



Picture 2 – someone very worried or sad

How could you show initiative?



Picture 3 – safety equipment not being worn

How could you show initiative?



Picture 4 – pallets not stacked correctly

How could you show initiative?



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MDI
Manufacturing, Packaging, Business
Sustainability

Picture 5 – very messy work locker

How could you show initiative?



Picture 6 – person in w/c can't get in the door

How could you show initiative?



Picture 7 - Garbage all over the parking lot

Words to lead by

<https://www.youtube.com/watch?v=tdmyoMe4iHM&feature=youtu.be>

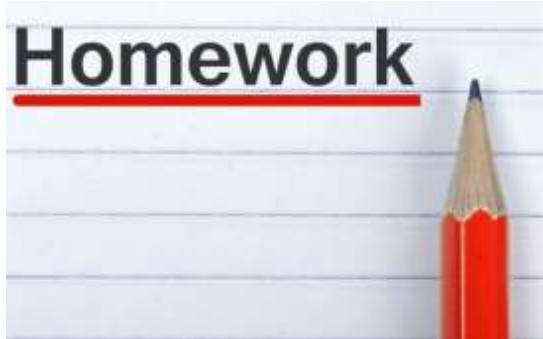


Miracle on Ice Video
Talk about what they saw.

Mission MOMENT Thought for the Day

Perhaps
this is the
moment for
which you
have been
Created.
Esther 4:14

Homework



1. Demonstrate leadership and be prepared to talk about it.
2. Take initiative.
3. Tell one person about your class and what you are learning.